

G.Narayanamma Institute of Technology & Science

(For women)

(Approved by AICTE, Affiliated To JNTUH, Accredited by NBA & NAAC)

(An ISO 9001:2015 Certified Institution)

Shaikpet, Hyderabad – 500 104

Department of Computer Science & Engineering



TITLE : ENHEAL
YEAR : II B. Tech
CLASS : CSE-B
BATCH : 9

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ABSTRACT

Mental health is an important issue in the world today. With a large population now working from home and staying away from loved ones, the mental health situation has deteriorated. As such, it becomes important to track and remedy any problems before they get too serious. We try achieving this using the Companion App.

The project focuses on building a mental health tracker. You will try to get an idea of the mental state of your user (in the least intrusive ways), find out if they are suffering and then suggest measures they can take to get out of their present condition. A user answers some questions and based on the answers that they provide, you will suggest tasks to them and maintain a record of their mental state for displaying on a dashboard.

SYSTEM REQUIREMENTS:

Software Requirements:

Platform	-	Dart
Front End	-	Flutter
Development Tool	-	Android Studio
Back End	-	Firebase

Hardware Requirements:

Name of the Processor-	intel i3 or higher versions.
Hard Disk Capacity	- 256 Gb or higher
RAM Capacity	- 4 Gb or higher