



G. Narayanamma Institute of Technology & Science (For Women)(Autonomous)

Approved by AICTE, New Delhi & Affiliated to JNTUH, Hyderabad
Accredited by NBA & NAAC, an ISO 9001:2015 Certified Institution
Shaikpet, Hyderabad-500104

DEPARTMENT OF COMPUTER SCIENCE AND ENGINEERING

<GN-R-18> (2022 - 2023) II B.Tech II Sem Hobby Project
on "Calorie Estimator and Suggester Android App"

Abstract

Introduction:

Tech and wellness are the two areas that have been increasingly growing closer in the last couple of years. The easy access to tools and resources that can support wellness efforts has increased the popularity of different fitness apps. Calorie tracking apps are some of the most commonly used products in the health and wellness world. So we present to you a system that lets know and keep informed about the food you have consumed over the day and make tracking your fitness and food intake easier than ever.

"Our Calorie Estimator and Suggester Android App"

From weight loss support to specific nutrition tracking, our app can help establish healthy habits, make healthier food choices and promote a fitness routine

People with different kinds of fitness goals including weight loss, muscle building and maintenance, can use our app features like calorie tracker regularly to set goals, track their calorie intake, and gain knowledge about the nutritional value of the food they consume.

Features:

- AI Nutritionist and consultant
- Calculates your calorie and diet
- BMI(Body Mass Index) Calculator based on provided details
- Food suggestion

H/W&S/W Requirements

- Processor-i3, Hard Disk-5 GB, Memory -1GB RAM, Android phone with Kitkat(version 4.4) and higher
- Android studio, Visual studio, Windows 7(ultimate, enterprise)

*Dept R&D: Yes/ No

If No:GNITS




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