



(For Women)

(AUTONOMOUS)
Shaikpet, Hyderabad - 500104

Training and Placement Cell

Event Report

Event Title: Adaptability and Flexibility

Speaker: Mr. Aneeq Dholakia, Co-founder, Edyst

Date: 10th NOV 2020

Time: 10:00 AM to 3:30 PM

Venue: Online (Microsoft Teams)

Introduction:

The event on "Adaptability and Flexibility" aimed to instill in students the crucial skills needed to navigate a rapidly changing world. Attendees explored strategies for embracing change, adapting to new situations, and cultivating flexibility in both academic and professional realms.

Key Highlights:

1. Interactive activity on adaptive problem-solving.
2. Role-playing exercises for real-world scenario adaptation.
3. Discussions on the importance of flexibility in career development.
4. Group activities fostering collaborative adaptability.

Conclusion:

Students left the event with a heightened awareness of the significance of adaptability and flexibility. Equipped with practical skills and a mindset geared towards embracing change, attendees are better prepared to thrive in dynamic environments, whether in their academic pursuits or future professional endeavors.